



# Win a \$50 Center Gift Card in the LECOM Wellness Center Challenge

Celebrate 10 years at LECOM by participating in our Wellness Center Challenge. Choose from 10 different Wellness Center activities, track your completion throughout the month, and be entered for a chance to win a \$10 LECOM Wellness Center gift card. Each activity will have its own drawing. The top person from each activity will be entered for a chance to win a \$50 LECOM Wellness Center gift card.

Activity	Record	Prize
Running	Miles	Chance to win \$10 Gift Card  <b>GRAND PRIZE</b> Top Winner of each activity is entered into a raffle for a \$50 LECOM Gift Card!
Walking	Miles	
Cycling	Miles	
Rowing	Meters	
Weight Loss	Pounds	
Center Visits	Up to 1 visit per day	
Group Fitness Classes	Up to 2 classes per day	
Swimming	Yards	
Personal Training	Appointments per day	
Spa Appointments	Appointments per day	

For more information, visit the Member Services desk or call (814) 868-7800.

5401 Peach St, Erie, PA 16509

